Sandwick Junior High School

Individual Education Plans (IEPs): Information for Parents and Carers

What is an IEP?

An Individual Education Plan (IEP) is a personalised plan for children and young people who require additional support to help them access learning and achieve their full potential.

An IEP is a working document that helps school staff, parents/carers and pupils work together to identify clear targets, appropriate support strategies and next steps for learning and wellbeing. It ensures that everyone involved understands how best to support your child and celebrate their progress.

Why will an IEP benefit my child?

An IEP helps to:

✓ Provide support that is tailored to your child's individual needs.

✓ Set clear, achievable targets for learning and wellbeing.

✓ Ensure everyone involved is working towards the same goals.

✓ Give children and young people a voice in their own learning.

✓ Strengthen the partnership between home and school.

✓ Regularly review progress and celebrate success.

What will be included in my child's IEP?

Your child's IEP may include:

- Their strengths, interests and achievements
- Areas where additional support is required
- Their views and aspirations
- Parent/carer views and aspirations
- SMART targets (Specific, Measurable, Achievable, Relevant and Time-bound)
- Strategies and resources to support progress
- Information about support from school staff or other professionals
- Review dates and records of progress

Every IEP is unique and designed around the needs of the individual child.

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The SHANARRI Wellbeing Indicators

Our IEPs are guided by Scotland's SHANARRI Wellbeing Indicators, ensuring that we support the whole child.

S – Safe
H – Healthy
A – Achieving
N – Nurtured
A – Active
R – Respected
R – Responsible
I – Included



Select the image to learn more

These indicators help us consider your child's learning, wellbeing, relationships and personal development.

Why do aspirations matter?

Your child's voice is central to their IEP. We want them to understand what they are working towards and to feel proud of their achievements.

Parents and carers know their child best, and your hopes and aspirations are equally important.

By working together, we can set meaningful goals that reflect what matters most to your child and family, helping them to grow in confidence, independence and success.

When will my child's IEP be reviewed?

Terms 1 and 2 - SFL teachers will share an initial IEP with you and will monitor progress regularly and make adjustments to support and strategies where needed.

Term 3 - A formal review meeting will take place with the SFL teacher and SLT if appropriate to:

- Celebrate progress and achievements
- Gather pupil and parent/carer views
- Review targets and support strategies
- Set next steps where appropriate

Term 4

Planning for the following school year will take place, ensuring that new targets and aspirations are identified and that support continues smoothly.

Reviews may take place more frequently if required.



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Working Together

At Sandwick Junior High School, we believe that positive partnerships between home, school and the wider team around the child are essential.

If you have any questions about your child's IEP or the support they receive, please contact us. Together, we can help every child feel safe, included, successful and ready to achieve their full potential.